



### WHAT IS THINK [CA]?

**Think [CA]** is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well.

The project is designed to get individuals (of all ages) to STOP and THINK California! Think about the unique qualities associated with the state and our foodservice programs. This includes, whenever possible, to feature items that are made from scratch, selections with a short ingredient list and/or no artificial additives and to use locally-grown and produced ingredients. **Think [CA]** visualizes our promise to promote student achievement while improving the quality of life and overall well-being of the students, families and communities we serve.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

### WHAT DO THE ICONS MEAN?

As major focus of **Think [CA]** is to help students make nutritionally sound choices. To assist in this effort, we have created three color-coded graphic icons to correlate with the key initiatives we are emphasizing throughout our California accounts. In addition to a distinct color, each icon features a simple graphic and key word that visually communicates the meaning of the icon.



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

Monday 10/2	Tuesday 10/3	Wednesday 10/4	Thursday 10/5	Friday 10/6
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream Cheese**	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/9	Tuesday 10/10	Wednesday 10/11	Thursday 10/12	Friday 10/13
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/16	Tuesday 10/17	Wednesday 10/18	Thursday 10/19	Friday 10/20
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream Cheese**	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/23	Tuesday 10/24	Wednesday 10/25	Thursday 10/26	Friday 10/27
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
<b>Meal Prices</b>			<b>Part Time Work</b>	
Breakfast \$1.25 / Reduced \$0.30 Lunch \$2.75 / Reduced \$0.40			We are looking for Substitute Kitchen Workers. Apply online @ EdJoin.org or at Oak Grove Scholl District Office	

Menu is subject to change. The USDA and this institution are equal opportunity employers.

### Additional Entrees Offered Daily:

Assorted Cereals offered with Graham Cracker, Sunflower Seeds or String Cheese

**Breakfast also includes:** a Variety of Milks and Assorted Fruits

Online Payment can be made at: [www.EZSchoolPay.com](http://www.EZSchoolPay.com)

### FROM THE GARDEN

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Raisins	Raisins	Raisins	Raisins	Raisins
Carrot Sticks	Celery Sticks	Carrot Sticks	Celery Sticks	Broccoli
Broccoli	Corn	Green Beans	Corn	Peas
Apples	Oranges	Apples	Oranges	Apples
Can Peaches	Applesauce	Fruit Cocktail	Apple Slices	Can Peas
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad

The Nutrition services department is encouraging parents to prepay for school lunch so we can serve your students faster in the cafeteria. If you have question, please call Nutrition Services.

Applications for free and reduced lunches are available in the school offices and new applications needs to be filled out each school year for every household.

