



WHAT IS THINK [CA]?

Think [CA] is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well.

The project is designed to get individuals (of all ages) to STOP and THINK California! Think about the unique qualities associated with the state and our foodservice programs. This includes, whenever possible, to feature items that are made from scratch, selections with a short ingredient list and/or no artificial additives and to use locally-grown and produced ingredients. **Think [CA]** visualizes our promise to promote student achievement while improving the quality of life and overall well-being of the students, families and communities we serve.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

WHAT DO THE ICONS MEAN?

As major focus of **Think [CA]** is to help students make nutritionally sound choices. To assist in this effort, we have created three color-coded graphic icons to correlate with the key initiatives we are emphasizing throughout our California accounts. In addition to a distinct color, each icon features a simple graphic and key word that visually communicates the meaning of the icon.



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

Grab n Go Menu

Monday Week 1, 3 and 5	Tuesday Week 1, 3 and 5	Wednesday Week 1, 3 and 5	Thursday Week 1, 3 and 5	Friday Week 1, 3 and 5
WG Benefit Bar*	Bagel with Regular or Strawberry Cream Cheese*	WG Muffin with Graham Crackers*	WG Cinnamon Bun*	WG Ultimate Breakfast Round*
Monday Week 2 and 4	Tuesday Week 2 and 4	Wednesday Week 2 and 4	Thursday Week 2 and 4	Friday Week 2 and 4
WG Benefit Bar*	Bagel with Regular or Strawberry Cream Cheese*	Lowfat Yogurt with Cinnamon Goldfish Grahams*	WG Cinnamon Bun*	WG Zucchini Bread with Graham Crackers*

Student Breakfast \$1.25 / Reduced Price \$.30 - Adult Breakfast \$2.00

Menu is subject to change. The USDA and this institution are equal opportunity employers.

Online Payment can be made at: www.EZSchoolPay.com

FROM THE GARDEN

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Raisins	Raisins	Raisins	Raisins	Raisins
Broccoli	Carrot Sticks	Carrot Sticks	Celery Sticks	Broccoli
Celery Sticks	Corn	Green Beans	Corn	Peas
Apples	Oranges	Apples	Oranges	Apples
Can Peaches	Applesauce	Fruit Cocktail	Apple Slices	Canned Pears
Caesar Salad	Green Salad	Caesar Salad	Green Salad	Caesar Salad

The Nutrition services department is encouraging parents to prepay for school lunch so we can serve your students faster in the cafeteria. If you have question, please call Nutrition Services.

Applications for free and reduced lunches are available in the school offices and new applications needs to be filled out each school year for every household.

