



### WHAT IS THINK [CA]?

**Think [CA]** is Sodexo's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well.

The project is designed to get individuals (of all ages) to STOP and THINK California! Think about the unique qualities associated with the state and our foodservice programs. This includes, whenever possible, to feature items that are made from scratch, selections with a short ingredient list and/or no artificial additives and to use locally-grown and produced ingredients. **Think [CA]** visualizes our promise to promote student achievement while improving the quality of life and overall well-being of the students, families and communities we serve.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

### WHAT DO THE ICONS MEAN?

As major focus of **Think [CA]** is to help students make nutritionally sound choices. To assist in this effort, we have created three color-coded graphic icons to correlate with the key initiatives we are emphasizing throughout our California accounts. In addition to a distinct color, each icon features a simple graphic and key word that visually communicates the meaning of the icon.



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

## FROM THE GARDEN

### MONDAY

Raisins  
Carrot Sticks  
Broccoli  
Oranges  
Canned Peaches  
Tossed Green Salad

### TUESDAY

Raisins  
Celery Sticks  
Corn  
Apples  
Applesauce  
Tossed Green Salad

### WEDNESDAY

Raisins  
Carrot Sticks  
Green Beans  
Oranges  
Fruit Cocktail  
Tossed Green Salad

### THURSDAY

Raisins  
Celery Sticks  
Corn  
Apples  
Apple Slices  
Tossed Green Salad

### FRIDAY

Raisins  
Seasoned Beans  
Peas  
Oranges  
Canned Pears  
Tossed Green Salad

Menu is subject to change. The USDA and this institution are equal opportunity employers.

Online Payment can be made at: [www.EZSchoolPay.com](http://www.EZSchoolPay.com)

## FROM THE GARDEN

### MONDAY

Raisins  
Broccoli  
Celery Sticks  
Apples  
Can Peaches  
Caesar Salad

### TUESDAY

Raisins  
Carrot Sticks  
Corn  
Oranges  
Applesauce  
Green Salad

### WEDNESDAY

Raisins  
Carrot Sticks  
Green Beans  
Apples  
Fruit Cocktail  
Caesar Salad

### THURSDAY

Raisins  
Celery Sticks  
Corn  
Oranges  
Apple Slices  
Green Salad

### FRIDAY

Raisins  
Broccoli  
Peas  
Apples  
Canned Pears  
Caesar Salad

The Nutrition services department is encouraging parents to prepay for school lunch so we can serve your students faster in the cafeteria. If you have question, please call Nutrition Services.

Applications for free and reduced lunches are available in the school offices and new applications needs to be filled out each school year for every household.

