



# Oak Grove School District Elementary Lunch Menu MAY 2017

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday 5/1	Tuesday 5/2	Wednesday 5/3	Thursday 5/4	Friday 5/5
<ol style="list-style-type: none"> <li>1. WG Bean &amp; Cheese Burrito*</li> <li>2. WG Chicken Nuggets</li> <li>3. Energy Protein Pack with Sunflower Seeds*</li> <li>4. Roasted Turkey &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. Spaghetti with Meatballs and WG Breadstick</li> <li>2. WG Chicken Corn Dog with Oven Baked Fries</li> <li>3. Chef Salad or Vegetarian Chef Salad* w/WG Breadstick</li> <li>4. Grilled Cheese Sandwich on Wheat Bread*</li> </ol>	<ol style="list-style-type: none"> <li>1. Crispy Chicken Patty Sandwich on Wheat Bun</li> <li>2. WG Cheese Pizza* Or WG Pepperoni Pizza</li> <li>3. Fruit &amp; Yogurt Parfait*</li> <li>4. Deli Ham &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. Popcorn Orange Chicken over WG Brown Rice</li> <li>2. Nachos with Refried Beans and Cheese*</li> <li>3. Chicken Caesar Salad with WG Breadstick</li> <li>4. Sun Butter &amp; Jelly Sandwich on Wheat Bread* w/String Cheese</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Fajita Quesadilla with Spanish Rice</li> <li>2. WG Cheese Pizza* Or WG Sausage Pizza</li> <li>3. Beef or Vegetarian* Taco Salad with Tortilla Chips</li> <li>4. Tuna Sandwich on Wheat Bread</li> </ol>
Monday 5/8	Tuesday 5/9	Wednesday 5/10	Thursday 5/11	Friday 5/12
<ol style="list-style-type: none"> <li>1. Beef Soft Tacos with Spanish Rice</li> <li>2. WG Italian Dunkers with or w/o Marinara Sauce*</li> <li>3. Energy Protein Pack with Sunflower Seeds*</li> <li>4. Roasted Turkey &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. WG Pasta Alfredo with WG Breadstick*</li> <li>2. WG Chicken Nuggets</li> <li>3. Fresh Garden Salad with WG Breadstick*</li> <li>4. American Sub Sandwich on Wheat Sub Roll</li> </ol>	<ol style="list-style-type: none"> <li>1. A111 Natural Turkey Hot Dog with Oven Baked Fries</li> <li>2. WG Cheese Pizza* Or WG Pepperoni Pizza</li> <li>3. Fruit and Yogurt Parfait*</li> <li>4. Deli Ham &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. BBQ Pork Ribslets over WG Brown Rice</li> <li>2. Brunch for Lunch: Pancakes &amp; Sausage</li> <li>3. Chicken Fajita Salad with Tortilla Chips</li> <li>4. Sun Butter &amp; Jelly Sandwich on Wheat Bread w/String Cheese</li> </ol>	<ol style="list-style-type: none"> <li>1. 100% Beef Cheeseburger or Gardenburger* on Wheat Bun</li> <li>2. WG Cheese Pizza* Or WG Sausage Pizza</li> <li>3. Beef or Vegetarian* Taco Salad with Tortilla Chips</li> <li>4. Tuna Sandwich on Wheat Bread</li> </ol>
Monday 5/15	Tuesday 5/16	Wednesday 5/17	Thursday 5/18	Friday 5/19
<ol style="list-style-type: none"> <li>1. WG Bean &amp; Cheese Burrito*</li> <li>2. WG Chicken Nuggets</li> <li>3. Energy Protein Pack with Sunflower Seeds*</li> <li>4. Roasted Turkey &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. Spaghetti with Meatballs and WG Breadstick</li> <li>2. WG Chicken Corn Dog with Oven Baked Fries</li> <li>3. Chef Salad or Vegetarian Chef Salad* w/WG Breadstick</li> <li>4. Grilled Cheese Sandwich on Wheat Bread*</li> </ol>	<ol style="list-style-type: none"> <li>1. Crispy Chicken Patty Sandwich on Wheat Bun</li> <li>2. WG Cheese Pizza* Or WG Pepperoni Pizza</li> <li>3. Fruit &amp; Yogurt Parfait*</li> <li>4. Deli Ham &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. Popcorn Orange Chicken over WG Brown Rice</li> <li>2. Nachos with Refried Beans and Cheese*</li> <li>3. Chicken Caesar Salad with WG Breadstick</li> <li>4. Sun Butter &amp; Jelly Sandwich on Wheat Bread* w/String Cheese</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Fajita Quesadilla with Spanish Rice</li> <li>2. WG Cheese Pizza* Or WG Sausage Pizza</li> <li>3. Beef or Vegetarian* Taco Salad with Tortilla Chips</li> <li>4. Tuna Sandwich on Wheat Bread</li> </ol>
Monday 5/22	Tuesday 5/23	Wednesday 5/24	Thursday 5/25	Friday 5/26
<ol style="list-style-type: none"> <li>1. Beef Soft Tacos with Spanish Rice</li> <li>2. WG Italian Dunkers with or w/o Marinara Sauce*</li> <li>3. Energy Protein Pack with Sunflower Seeds*</li> <li>4. Roasted Turkey &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. WG Pasta Alfredo with WG Breadstick*</li> <li>2. WG Chicken Nuggets</li> <li>3. Fresh Garden Salad with WG Breadstick*</li> <li>4. American Sub Sandwich on Wheat Sub Roll</li> </ol>	<ol style="list-style-type: none"> <li>1. A111 Natural Turkey Hot Dog with Oven Baked Fries</li> <li>2. WG Cheese Pizza* Or WG Pepperoni Pizza</li> <li>3. Fruit and Yogurt Parfait*</li> <li>4. Deli Ham &amp; Cheddar Sandwich on Wheat Bread</li> </ol>	<ol style="list-style-type: none"> <li>1. BBQ Pork Ribslets over WG Brown Rice</li> <li>2. Brunch for Lunch: Pancakes &amp; Sausage</li> <li>3. Chicken Fajita Salad with Tortilla Chips</li> <li>4. Sun Butter &amp; Jelly Sandwich on Wheat Bread w/String Cheese*</li> </ol>	<ol style="list-style-type: none"> <li>1. 100% Beef Cheeseburger or Gardenburger* on Wheat Bun</li> <li>2. WG Cheese Pizza* Or WG Sausage Pizza</li> <li>3. Beef or Vegetarian* Taco Salad with Tortilla Chips</li> <li>4. Tuna Sandwich on Wheat Bread</li> </ol>
	Breakfast \$1.25 / Reduced \$0.30 Lunch \$2.75 / Reduced \$0.40		We are looking for Substitute Kitchen Workers. Apply online @ <a href="http://EdJoin.org">EdJoin.org</a> or at Oak Grove School District Office	



We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with V.

For menu nutritional information and foods containing common food allergens please visit [www.sesd.org](http://www.sesd.org)

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