



Oak Grove School District Middle School Breakfast Menu OCTOBER 2017



Monday 10/2	Tuesday 10/3	Wednesday 10/4	Thursday 10/5	Friday 10/6
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/9	Tuesday 10/10	Wednesday 10/11	Thursday 10/12	Friday 10/13
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/16	Tuesday 10/17	Wednesday 10/18	Thursday 10/19	Friday 10/20
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 10/23	Tuesday 10/24	Wednesday 10/25	Thursday 10/26	Friday 10/27
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Meal Prices			Part Time Work	
Breakfast \$1.25 / Reduced \$0.30 Lunch \$2.75 / Reduced \$0.40			We are looking for Substitute Kitchen Workers. Apply online @ EdJoin.org or at Oak Grove Scholl District Office	



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

All Meals Must Include a 1/2 Cup Fruit or Vegetable

Choose from a Variety of Fresh Fruits and Vegetables on the Salad Bar Daily

Choice of Lowfat Milk or Nonfat Chocolate Milk

Meal Prices

Student Breakfast \$1.50 / Reduced \$0.30 - Adult Breakfast \$2.00

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