



Oak Grove School District Middle School Breakfast Menu SEPTEMBER 2017



Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
1. Pancake & Sausage on a Sticks with Tater Tots 2. Lowfat Yogurt with Cinnamon	1. Fiesta Breakfast Burrito with Salsa 2. WG Mini Cinnamon Buns**	1. Mini Blueberry Pancakes with Sausage Patty 2. WG Bagel with Cream	1. Egg, Sausage Patty & Cheese Muffin Sandwich 2. WG Benefit Bar**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Friday 9/29
1. Fiesta Breakfast Burrito with Salsa 2. Lowfat Yogurt with Cinnamon Graham Goldfish**	1. Egg & Cheese Muffin Sandwich ** 2. WG Cinnamon Bun**	1. Mini Cinnamon Waffles with Sausage Link 2. WG Bagel with Cream Cheese**	1. Scrambled Eggs with Sausage Link & Tater Tots 2. WG Apple Frudel**	1. WG Breakfast Sausage Pizza 2. WG Mini Breakfast Loaf with Graham Cracker**
Meal Prices			Part Time Work	
Breakfast \$1.25 / Reduced \$0.30 Lunch \$2.75 / Reduced \$0.40			We are looking for Substitute Kitchen Workers. Apply online @ EdJoin.org or at Oak Grove Scholl District Office	



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options options with a short ingredient list and/or no artificial additives.

All Meals Must Include a 1/2 Cup Fruit or Vegetable

Choose from a Variety of Fresh Fruits and Vegetables on the Salad Bar Daily

Choice of Lowfat Milk or Nonfat Chocolate Milk

Meal Prices

Student Breakfast \$1.50 / Reduced \$0.30 - Adult Breakfast \$2.00

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410 or call 866-632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800-877-8339, or 800-845-6136 (Spanish).

